

Bronx Community Board 8
Aging Committee Meeting
Monday, September 12, 2022
via Zoom
Pending Approval

Committee Members Present

Lee Chong
Lisa Daub, Chair
Myra Joyce, Vice Chair
Georgia Santiago

Committee Members Absent: Margaret Donato, Rita Pochter-Lowe

Guests: Sharon Asherman (Riverdale Y - New Beginnings), Andria Cassidy, Julie Dalton (RSS), Barbara Kail (community resident), Miryam Rabner (MJHS), Amy Schimmel (community resident), Margie Schustack (RSS)

Chair Lisa Daub called the meeting to order at 4:00pm.

1. Introductions - Committee Members and Guests
2. Approval of Aging Committee Minutes: May 2022
Approved: L. Daub, M. Joyce, G. Santiago, L. Chong
Opposed: 0
Abstain: 0
3. Chairperson's Updates
 - Aging Committee has two budget requests in the top ten in draft FY24 CB8 requests, subject to change: Older Adult Center (OAC) funding & food programs
 - Per DFTA, there should be no OAC closures or consolidations in the Bronx in FY24
 - DFTA Senior Employment program – weekly info sessions are held on zoom for potential program participants 55+ and unemployed. Informational flyers are available.
 - DFTA My Ride pilot program for on-call rides – cohort 2 application period just ended.
 - When requesting audible crossing signals: must be specific on where the signal should be placed. Send additional location requests to chair.
 - New York Academy of Medicine (NYAM) Center for Healthy Aging provides an interactive map to help determine where there are critical needs. (please see note at the end of the minutes) NYAM presented IMAGE at Nov 2021 meeting.
These are the training dates.
 - Wednesday, September 28, 2022 at 11:00 AM ET
 - Monday, October 17, 2022 at 11:00 AM ET
 - Wednesday, November 9, 2022 at 2:00 PM ET
 - Monday, December 12, 2022 at 11:00 AM ET
 - Space is limited so RSVP as soon as possible. Email Carolyn Stem at cstem@nyam.org with your preferred date or any questions.
 - HR 8677 bill introduced in Congress to provide grants to build small house nursing facilities for person centered care.
 - Aging committee meetings will be in person, hybrid meetings.
4. Community / Service Provider Updates

- RSS - Center returned to in-person programs and meals with some challenges. They are currently at 75% capacity, requiring masks and social distancing. Center for Early Memory Loss meets in person. There's a page on the RSS website listing all the local food pantries (J. Dalton). Adults are also enjoying virtual programming. Challenge is to reach out to community to engage more people who could benefit. RSS Healthy Community Project is looking at health in a holistic way and bringing this program out into Kingsbridge and Kingsbridge heights areas. Nutritionist & nurse working with non-English speakers. Grant funded. Also, KHCC and St Stephen's church food pantries need support. Job openings are listed on RSS website (A. Cassidy).
 - Riverdale Y – Focusing on in-person programming while keeping a few regular virtual programs. Adults are slowly coming back to the Center. Still doing meal delivery program to the most vulnerable older adults. The Y food pantry is serving a growing demand. Job openings are listed on Riverdale Y website. (S. Asherman)
 - MJHS - Going out into communities talking about advance directives and differences between hospice and palliative care. Resources on internet. Discussed Legacy Project. (M. Rabner)
5. New Business
- Planning discussion
 - Myra – (a) workshop for aging people who are alone. There is a solo agers group at RSS. This is a good topic for discussion, (b) How do we get educational information to alert/educate older adults to internet, email, phone scams.
 - Lisa – (a) outreach to community to support older adults beyond OACs. Get more people in the community involved with the Aging Committee. Involve the houses of worship – host something to get people of different religions, denominations together. Find out what services they are providing and what we can provide, (b) address ageism, following up on Live-On's Reframing Aging initiative presented at Feb 2022 meeting.
 - Participants discussed above suggestions.
6. Old Business - none
7. Adjournment –5:00pm

Prepared by Myra Joyce
Reviewed by Lisa Daub

About IMAGE: NYC

An open-source map of New York City's current and projected population age 65 and older, **IMAGE: NYC** provides overlays of available resources, services, and amenities. Designed for government agencies, elected officials, health care and social service providers, planners, funders, and researchers, IMAGE:NYC is a critical tool to support funding, planning, advocacy and direct services. <http://imagenyc.nyam.org>.