



Department of Veterans' Services

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@nycveterans



For Questions, Comments, and Concerns Please CALL or EMAIL:

212-416-5250

connect@veterans.nyc.gov

Veteran Resource Guide

Sometimes life is tough. The Veterans Crisis Line can help.



Subscribe to Our Newsletter

VetConnectNYC

NYC Veterans are able to connect to services from our partner organizations through the VetConnectNYC platform. Our Care Coordinators receive all requests made through VetConnectNYC and process them within 3-5 business days. Visit nyc.gov/VetConnectNYC to learn more.

Benefits

Veterans, servicemembers, and their families can get help accessing the benefits they deserve. Veterans can receive assistance packaging their benefit claims for submission and review by the Veterans Administration. Our team also helps Veterans understand what other city, state, and federal benefits they may be eligible for based on their service. For benefits assistance, please fill out the form at nyc.gov/VetConnectNYC and select "Benefit Navigation" as your preferred service.

Employment

Veterans and their spouses are eligible for civil service exam fee waivers, among other special programs. To learn more about the employment resources and an initiatives available to you, visit nyc.gov/vetjobs

Legal Services

Veterans looking for discharge upgrade assistance or to connect to free legal assistance and pro bono services that can help resolve legal matters, including eviction, discrimination complaints, debt, child custody, public assistance requests, and end-of-life planning, visit nyc.gov/VetLegal

Mission: VetCheck

Veterans across NYC are eligible to receive check-in calls through Mission: VetCheck, where volunteers provide information on public services and mental health resources. To volunteer with Mission: VetCheck or request a check-in call for yourself or a Veteran you know, visit nyc.gov/MissionVetCheck

Final Honors Program

Eligible indigent Veterans are provided dignified burials at a national cemetery: nyc.gov/VetBurials

May '24 Supplemental

VetBizNYC

Veteran-Owned Businesses (VOBs) can join VetBizNYC, an online interactive map designed to make it easier for New Yorkers to find and support VOBs in their community. Find a VOB in your community or add you business to the map at nyc.gov/VetBizNYC

Veteran Voices Project

Veteran Voices Project is an oral history initiative to preserve NYC Veterans' stories: nyc.gov/VetVoices

Wellness Resources



HEADSTRONG

Matches Veterans with licensed therapists
Email: info@getheadstrong.org

Website: getheadstrong.org

Free Veteran mental health services

Email: militaryfamilyclinic@nyulangone.org

Phone: 855-698-4677





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Peer Support Resources

www.nyc.gov/vetwellness

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Vets4Warriors

Vets4Warriors provides Veterans, family members, and caregivers with 24/7 help from a confidential peer support network. Receive immediate, free, and long-term peer support through private chats, emails, phone, and text conversations.



Objective Zero

Objective Zero offers an app which provides Veterans with access to mental health resources and a peer support network.



Hope For The Warriors

Hope For The Warrior's Military Veteran Peer Support (MVPS) program mentors Veterans throughout their post-military journey and connects Veterans with new opportunities through HOPE's programs and HOPE's strategic partners.



Guardian Revival

Guardian Revival is a 501(c)(3) not-for-profit organization that improves the mental health & well-being of military and first-responders - guardians - and their families, at no cost to them. They provide gatherings, direct peer support, and a 24/7 talk line to provide peer-to-peer connection and support.



Wounded Warrior Project

WWP's small, warrior-led support groups connect Veterans with each other in their communities. Through shared experiences, discussing personal challenges, and supporting one another, these Veteran support groups can provide connection, camaraderie, and new solutions to challenges.



PROVE

Project for Return and Opportunity in Veterans Education (PROVE) enables student Veterans to more easily access resources to successfully transition from military to student life.





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Counseling Services

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New York-Presbyterian Military Family Wellness Center

Helps address the unique health challenges of servicemembers and their loved ones in a confidential and secure environment.



Headstrong

Veteran-founded in 2012, The Headstrong Project is a non-profit mental health org. providing confidential, barrier-free, and stigma-free PTSD treatment to Veterans, servicemembers, and families.



NYU Steven Cohen Family Center

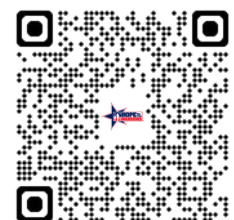
Provides free, compassionate, high-quality, accessible mental healthcare for Veterans and military families. Also virtual through their NYU Langone Health App.

Resilience Center for Veterans & Families

From Columbia University's Teachers College, this program pairs groundbreaking research on human emotional resilience with clinical training of therapists to assist Veterans and their families.

Trauma and Resiliency Resources

TRR provides free behavior health services for combat Veterans of all eras, as well as training for professionals. "Warrior Camp," is a weeklong, intensive, residential suicide prevention and trauma resolution program with an emphasis on Military Moral Injury repair.



VA Vet Centers

Community-based counseling centers which provide a wide range of social and psychological services.



Operation Family Resiliency

Operated by Blue Star Families Neighborhood program, OFR offers free subscriptions to the following meditation and wellness resources: Headspace, SPIRITUNE and Thrive Market.

Hope For The Warriors

HFTH's Clinical Support Service identifies and fills gaps in mental health care for post-9/11 combat injured servicemembers, Veterans, and caregivers.



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VA Vet Centers

VA Vet Centers provide a range of social and psychological services, including readjustment counseling to eligible Veterans and active duty servicemembers. Vet Center services are also provided to family members of Veterans and servicemembers for military-related issues when they aid in the readjustment of those who have served. VA Vet Center services are provided at no cost and do not require someone to be enrolled in VA health care or have received care for conditions caused by military service. Services are also provided regardless of the nature of the Veteran's discharge status.

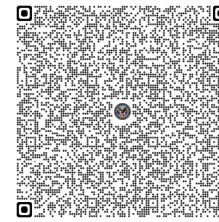
Find a VA Vet Center



VA's Mental Health Website



The VA App Store



VA Women Veterans Call Center

This support line helps Women Veterans navigate the VA and connects them with the Women Veterans Program Manager at their local VA medical center. The service is free and confidential.



VA Caregiver Support Line

This support line is a toll-free number that provides information on services available to those caring for Veterans. Caregivers are also connected to a Caregiver Support Team at their local VA center.



Make The Connection.net



MakeTheConnection.net provides information, resources, and videos for challenging life events and experiences with mental health issues. Developed and operated by the VA, Make the Connection aims to reduce barriers and stigma associated with mental health challenges that may prevent Veterans from seeking mental health care.