

**Minutes of Aging Committee**  
**Bronx Community Board 8**  
**Thursday, January 8, 2026 at 7:4:00 pm**  
**Via Zoom**  
[Meeting Recording Link](#)

**Committee Board Members in Attendance (3):** Lee Chong (ADA Zoom), Jyll Townes, Barbara Kail, Chair

**Committee Board Members Absent (1):** Rabbi Bob Kaplan

**Community Committee Members (CCM) (4):** Aubrey Balcolm, representing River Spring Living; Miryam Rabner, representing MJHS; Sharon Asherman, representing Riverdale YMHA; Merritt Claude

**Community Guest:** Alexis Rummey

**CB8 Staff:** Jaylyn Adorno

Barbara Kail opened the meeting at 4:05

Each participant introduced him/herself and where applicable described the services provided by the organizations they represent.

River Spring Living described a new pilot project, The Capable Program. A team of nurses, occupational therapists, and handy workers are sent into a client's home to review needs needed to age in place.

Roll call: quorum (3) met.

The minutes of December 11, 2025, were unanimously approved.

### **Chair Report**

I reviewed the Resource Guide and categories and suggested a committee member who might take the lead for that category.

We discussed the term "Single Point of Access" (SPOA) as more intuitive than "point of entry" For most categories have found single point of access. Especially reputable government web sites.

- Review information up to date. It is my understanding phone numbers and links were verified as part of the update.

- The term “Single Point of Access” is more intuitive than “point of entry” and provides a first point of contact for people wishing to access services in that category. For Government web sites such as <https://access.nyc.gov/> can be especially helpful. A SPOA has been identified for most categories.

- Can be especially helpful

- Make description of resources that are specific to the category. Include, if possible, insurance coverage.

- Scan internet and ask friends and colleagues about services

### **Old Business**

There was some confusion which is updated version – Jaylyn will edit the updated one to reflect the date on the cover page.

At least two different audiences for the Resource Guide were identified: direct users, the young, old and older users requiring intermediary help to access services. The Resource Guide should be as user friendly as possible for both audiences.

Jyll Townes suggested a poster with a QR code and basic information as an efficient way to distribute it. The QR code would link to web site and PDF file. It could reach different audiences, cheaply. Typically, someone in facility where posted would be able to help if an individual had trouble with the QR code.

Aubrey Balcom suggested each category begin with a general description of the types of services available that would be useful to identify both audiences, and an example differences between types of housing options.

Miryam Rabner suggested we send providers questionnaire as to what offer.

### **New Business**

Chair Barbara Kail will create a Google folder for all Committee Members to access the Resource Guide and

FY 27 Budget Requests.

Next meeting Feb 12, 2026

Meeting adjourned 5:05 PM

Respectfully submitted,

Barbara Kail, Chair