

**BRONX COMMUNITY BOARD NO. 8  
MINUTES OF THE AGING COMMITTEE MEETING  
HELD ON APRIL 20, 2017 AT  
RIVERDALE YM/YWHA – SENIOR CENTER**

**PRESENT**

Lisa Daub  
Karen Pesce  
Amy Joy Robateau  
Georgia Santiago  
I.W. Stone  
Sharon Asherman  
Francine Scherer  
Andria Cassidy  
Suad Hassan  
Hang Liu  
Travis Morgan  
Selina Ng  
Laurena Oliveri  
Miguel Pacheco  
Miryam Rabner  
(+11): Spyridon D., Gloria B.,  
Francoise T., Sandi C. Helaine D.,  
Barbara S., Deborah S., Susan C,  
Ariana H. Carl H. Suzanne B.

**AFFILIATION**

CB8 Committee Chair  
CB8 Committee Member, CB8 Secretary  
CB8 Committee Member, CB8 Treasurer  
CB8 Committee Member  
CB8 Committee Member  
Community Committee Member-Riverdale Y Senior Ctr.  
Community Committee Member, Resident  
Riverdale Senior Services  
NIDC  
SelfHelp – Virtual Senior Center  
Lehman College – Adult Degree Program  
Riverdale Senior Services  
Dorot – University Without Walls  
Lehman College - Admissions  
MJHS Hospice & Palliative Care  
Community Residents (11)

**Not Present:**

Irving Ladimer  
Enrie Morales

CB8 Committee Member  
Community Committee Member, Right at Home

The meeting started at 1:20 pm.

**Introductions**

Welcome – Chair thanked the Riverdale Y Senior Center for hosting the meeting and to all for attending. All are welcome to CB8 Board and committee meetings. The Aging Committee usually meets on the third Tuesday of each month, except during July and August..

**Minutes**

Minutes of February 21<sup>st</sup> Aging Committee meeting approved (7/0/0):

**Topic – Continuing Education for Older Adults**

Chair noted that Irving Ladimer suggested the topic of education for older adults at our February meeting. We are pleased that speakers from four organizations will introduce new learning opportunities, in addition to classes at our senior centers and libraries. Committee will update the *CB8 Senior Resource Guide* for additional educational venues in the next edition

**Today's speakers:** (1) Laurena Oliveri, Outreach Coordinator, Dorot University Without Walls, (2) Miguel Pacheco and Travis Morgan, Admissions Advisors, Lehman College – Encore and Adult Degree programs, (3) Hang Liu, Program Director, Self Help Virtual Senior Center. Chair noted that the final speaker, who has not arrived is (4) Jeffrey Lucas, Program Manager with RAIN Bronx Health Corps.

RAIN's initiative trains volunteers on important health topics so they can in turn teach residents at locations throughout the Bronx.

- Ms. Oliveri introduced Dorot and the University Without Walls, offering small group interactive classes by teleconferencing and conference calls to people age 55+. Staff and volunteers located around the world teach a large number and variety of classes in the arts, languages, health & wellness, etc.. Individual classes are free. A \$15 fee applies to multiple class series
- Mr. Pacheco introduced CUNY's Encore program at Lehman College which allows NYS residents age 60+ to audit undergraduate classes if seats are available for per semester fees of \$65 + \$15. Participants noted that there is some difficulty getting seats. Speaker acknowledged that auditing can be difficult for popular classes and the process may differ by department. The registrar's office may be able to assist
- Mr. Morgan introduced the Lehman College Adult Degree Program which strives to increase college success for students age 25+. Students receive support services and special academic advisors, with course flexibility and credit for related work history. Regular tuition fees apply
- Ms. Liu introduced Self Help's Virtual Senior Center, offering online interactive classes with participants' own computer or a special interface computer (purchase fee), including technical support. The \$60/month program fee includes over 65 classes each week for seniors on a variety of topics, taught in English, Russian, Spanish, Korean and Chinese with facilitators around the world. Some council districts outside the Bronx fund computers for those in need

Presenters provided program materials. Speaker from RAIN did not arrive.

### **Announcements / Old Business / Updates**

- Chair encouraged nominations for CB8 Community Service Awards, due April 28<sup>th</sup>
- Chair asked that FY19 budget requests for DFTA be sent to committee by May 15<sup>th</sup>
- Title XX block grant funds to support senior services will continue
- Senior Centers are sending a few representatives to City Hall on May 3<sup>rd</sup> for Senior Advocacy Day
- Ms. Asherman noted that DFTA RFP for transportation services was awarded to one firm to serve the entire Bronx. Riverdale Senior Services is investigating impact and options for RSS.

### **New Business**

- The May committee meeting will focus on FY19 budget requests. Chair distributed copies of FY2017 and FY2018 requests and asked committee members to bring suggestions for FY2019 to the next meeting for discussion. Ms. Pesce highlighted suggestions made by prior budget chair

Our next meeting will be held on Tuesday, May 16<sup>th</sup> at 3:30pm.

Meeting ended at 2:30pm

Prepared and submitted by  
Lisa Daub, Chair, Aging Committee