

**BRONX COMMUNITY BOARD NO. 8
MINUTES OF THE AGING COMMITTEE MEETING
HELD ON APRIL 19, 2016 AT
JERICO PROJECT – KINGSBRIDGE TERRACE**

PRESENT

Lisa Daub
Anthony Creaney
Marvin Goodman
Irving Ladimer
Georgia Santiago
Sharon Asherman
Francine Scherer
Bridget Maybury, MSN,RN
Kathleen Nietzsche
Maritza Ortiz
Evan Podolak, PhD
Amy Joy Robateau

AFFILIATION

CB8 Committee Chair
CB8 Committee Vice Chair
CB8 Committee Member
CB8 Committee Member
CB8 Committee Member
Community Committee Member, Riverdale Y
Community Committee Member
JJP VA Medical Center
Sunnyside Community Services / RSS
Ft. Independence Senior Center / MMCC
JJP VA Medical Center
CB8

Not Present

Karen Pesce
I.W. Stone
Enrie Morales

CB8 Committee Member, CB8 Secretary
CB8 Committee Member
Community Committee Member, Right at Home

The meeting commenced at 3:45 PM

Introductions

- Welcome –Thanks to Jericho Project and William Mckeithan for hosting the meeting. Participants introduced themselves
- Confirmed no objection to move approval of minutes to later in meeting
- Chair regrets that meeting did not draw residents

Speakers – Bridget Maybury, RN and Evan Podolak, PhD – James J Peters VA Medical Center, Bronx

The speakers provided background, research, statistics, risk factors, root cause and other information to raise awareness of suicide and suicide prevention. The meeting focused on older adults and veterans. Suicide is the 10th leading cause of death in the US, most often by firearms. One out of four attempted suicides in adults 65+ results in death, with far lower rate in younger people. Highest risk group is white, male, over age 85. Older veterans have similar rates. Younger veterans have lower suicide rates. There is no direct correlation between suicide and number of tours of duty. Every VA has a suicide prevention coordinator.

Depression is the leading cause – life changes/losses as well as failing health (increasing with co-morbidities) and chronic pain. Depression, if treated, is 90% successful. Recommend that primary care and hospital/nursing home staff screen for depression, considering life changes, to prevent suicide. Ask about suicidal thoughts, validate the individual's experience, and encourage/expedite care.

Minutes

- March 15, 2016 minutes approved (7/0/0)

FY2018 Budget Priorities

- All Committee members provided funding needs for FY2018 expense budget requests. Members discussed these and the Chair will summarize for final discussion and prioritization at June meeting

New Business

- Since we will not hold a meeting in May and June 21st is late in season, discussed moving the next meeting forward and all agreed to June 7th.
- Welcome to Francine Scherer as a Community Committee Member
- Kathleen Nietzsche introduced Sunnyside Community Services which is funded by NYS. Sunnyside is one of seven agencies awarded contracts for caregiver support. She will run caregiver support groups at Riverdale Senior Services for family of people with dementia. The organization also provides home respite/home attendant services
- Mr. Ladimer announced the next Bronx luncheon on May 5th to honor adults age100+, RSS Gala will honor Charles Moerdler, and CB8 community civics sessions planning meeting on May 9th.
- Remember to vote!

The Aging Committee will not hold a meeting in May. The next meeting is moved forward to **June 7th at 3:30PM** – location to be announced.

The meeting adjourned at 5:10 pm

Prepared and submitted by
Lisa Daub, Chair, Aging Committee