

**BRONX COMMUNITY BOARD NO. 8
MINUTES OF THE AGING COMMITTEE MEETING
HELD ON JANUARY 19, 2016 AT
ATRIA - RIVERDALE**

PRESENT

Lisa Daub
Marvin Goodman
Irving Ladimer
Karen Pesce
Georgia Santiago
I.W. Stone
Sharon Asherman
Enrie Morales
Bayla Butler
Ana Gil
Eric Leopold
Selina Ng
Maritza Ortiz
Amy Joy Robateau
Francine Scherer

AFFILIATION

CB8 Committee Chair
CB8 Committee Member
CB8 Committee Member
CB8 Committee Member, CB8 Secretary
CB8 Committee Member
CB8 Committee Member
Community Committee Member, Riverdale Y
Community Committee Member, Right at Home
AmPark NORC
Riverdale Mental Health Assoc.
Atria Riverdale
Riverdale Senior Services
Ft. Independence Sr Center / MMCC
CB8
Community Resident

Not Present

Anthony Creaney

CB8 Committee Vice Chair

The meeting commenced at 2:40 PM.

Introductions

- Welcome - Participants introduced themselves
- Thanks to Atria and Eric Leopold for hosting.
- Chair noted that committee members who missed a meeting should read the minutes and can vote on the minutes without abstaining "because" of their absence..

Minutes of the December 15th, 2015 meeting were accepted (8-0)

Speaker – Ana Gil, Program Director, Innovative Services for Seniors, Riverdale Mental Health Association

Innovative Services for Seniors (ISS) provides group counseling, visits to homebound seniors, outreach presentations to seniors at various community and religious organizations, mental health screenings to assess need for individual clinical services, as well as case management and caregiver counseling. Within CB8, ISS social workers lead group sessions at RSS, Ft. Independence and Marble Hill senior centers. Groups are held in English and/or Spanish. Most prevalent mental health issues include depression, anxiety and adjusting to life and health changes. Other issues include bullying, cluttering and addiction to prescription medications. ISS is funded by the Department of Health & Mental Hygiene and grants. Clinical services for individual patients are paid through insurance or private pay. The Committee thanked Ms. Gil for an informative and engaging talk on geriatric mental health and her program's service to our community.

Old Business

- Senor Resource Guide – Chair showed a copy of the Guide that, with minor modifications, will be printed and distributed at the February Board meeting and at events with CB8 representation. Participants discussed various distribution options to reach older adults, including homebound, and informal caregivers
- Mr. Ladimer discussed the following (new and old business):
 - Invites committee members to attend his 100th birthday celebration, hosted by the Men's Club of Conservative Synagogue Adath Israel (CSAIR), 475 West 250th Street, on February 21st at 10AM. Event contribution is \$18 per person. Mr. Ladimer started the Aging committee and was the first of its four chairpersons
 - Mr. Ladimer wants this committee to reach out to the community more and visit senior venues. Seniors should get out and contribute to help change perception from being “takers” to “givers”
 - He is working with Ms. Scherer on a monthly newspaper column. The first article is about local government
 - Manfred Segal passed away. Manny headed the local AARP chapter for many years. His wife passed away last year. Our condolences to the Segal family

New Business & Chair Updates

- Kingsbridge Heights Rehab & Nursing was sold and is now named Citadel at Kingsbridge. No update on rumored Schervier sale
- Self Help's senior apartments on Broadway is scheduled to open this Spring and will be named Van Cortlandt Green
- Two mailings focusing on seniors were distributed by Jeffrey Dinowitz and Jeff Klein
- We will hold a committee meeting in June. We will not hold a meeting in May

The Committee will hold its next meeting on Tuesday, February 16th, 2015 at 2:30PM – location to be announced.

The meeting adjourned at 4:10 pm. Mr. Leopold offered to give participants a tour of Atria.

Prepared and submitted by
Lisa Daub, Chair, Aging Committee