

**BRONX COMMUNITY BOARD NO. 8**

**MINUTES OF THE AGING COMMITTEE MEETING  
HELD NOVEMBER 18<sup>TH</sup>, 2014 AT THE RIVERDALE HOUSING FOR THE ELDERLY  
6477 BROADWAY**

**PRESENT**

**AFFILIATION**

Karen Pesce	CB8 Committee Chair
Lisa Daub	CB8 Vice Chair
Anthony Creaney	CB8
Beverly Fettman	CB8
Marvin Goodman	CB8
Irving Ladimer	CB8
Georgia Santiago	CB8
I.W. Stone	CB8
Enrie Morales	Right At Home
Alvin Shatkin	Riverdale Senior Services
Barbara Clark	Jewish Home
Sharon Asherman	Riverdale YM/YWHA
Sofya Milman	Einstein

1. Attendees introduced
2. Minutes of previous meeting accepted as submitted.
3. Speaker, Dr. Milman of Einstein's LonGeVity Study: The study hopes to determine which aspects of biology or genetics protect against disease development as we age. Study population is 65 years or older; one or both parents survived until at least age 95; both parents are of Ashkenazi Jewish descent. Funded by the National Institute of Health—Aging, the goal is to identify/develop a drug to mimic healthy aging. The study which began in 1998 and is continuing to date has identified that older adults don't have a much healthier lifestyle than those who expire before age 95. Stress resilience seems to contribute to longevity. Pharmaceutical companies are expected to utilize the data for drug development.
4. Discussion: participants don't receive remuneration except for travel expenses. Organizations allowing presentations and recruitment of study participants don't receive any fees. Chairperson will develop resolution to be presented at next meeting identifying that research results which are funded by public bodies and sold to pharmaceuticals for the benefit of the sponsoring organization lack transparency.

5. Recommendation by Bill Stone: with reduced daylight hours during winter months and increasing difficulty for older adults to drive in the darkness, the Aging committee meetings will begin at **2:30 pm**. 7 agree, 3 opposed, no abstentions. December meeting to be scheduled for 2:30 pm.
6. Old Business: Committee will host a SCRIE/DRIE presentation in spring. Enrollment can begin at any time.
7. New Business
  - a. Are flu shots available for housebound? No answer.
  - b. Meeting announcement should be made 1-2 days in advance, not same day. Chair to make request to CB8 office.

Submitted by:

Karen Pesce,  
Chairperson