

Youth Monthly Board Meeting Thursday January 24, 2019

ATTENDEES: L. Parker (Chair), Daniella Fuchs (Vice- Chair) , Michael Frishman

ABSENT: N/A

GUESTS: Yessy A Wares(KHCC), Ericka Ordonez(KHCC),Aimee Valenzuela(KHCC), Amber Lee Williams, Rudy Lee Palma, Jazmin Silveruo, Anthony Peralta 50 Pct , Elizabeth Perez (50 PCT) , Daniel Perez

CALL TO ORDER: January 24,2019 , 1940 HRS PM/EST

QUORUM: Yes

REPORTS:

Update from KIngsbridge Height Community Center

A. May 7, 2019

KHCC'S 45TH ANNIVERSARY LUNCHEON

In 2019, KHCC will be celebrating 45 Years of Service to the Bronx. Join us for a special celebration!

B. April 2, 2019

SPRING BREAK VACATION CAMP

Students in Kindergarten through 5th Grade are invited to participate in our 5-day Spring Camp

C. February 19, 2019

MID-WINTER VACATION CAMP

Students in Kindergarten through 8th Grade are invited to participate in our 4-day camp held February 19-22, 2019.

D. Bronx Theatre After School Programs

Price: Free Starts: Sep 05, 2018, Ends: Jun 26, 2019

KHCC's unique partnership with Bronx Theatre High School on the nearby JFK campus brings the best of Teen Center and College Directions to school. Operating on Mondays and Wednesdays from 3-6pm, KHCC staff partner with Bronx Theatre staff and teachers to provide a blend of youth development and college access offerings. KHCC staff also provide support during the school days via non-academic periods, advising, and lunch. Activities include:

COMPASS High:

Youth Council and Peer Mediation Training; Lean on Me Support Groups and Individual Counseling; Media Arts and Poetry Workshops; Mentoring Initiative and Paid Internship

COMPASS Explore:

College Workshops and Trips; SAT Preparation; 1:1 College Advising; College Bridge Services for graduating seniors

Both Programs:

Daily snack and refreshments; Homework help and academic support; Recreational trips and events at KHCC.

E. College Directions

Price: Free Starts: Sep 24, 2018, Ends: Jun 21, 2019

Our College Directions program prepares youth through individual college counseling, coaching, and guidance on their transition to college through to their freshman year and beyond. 90% of our young men and women are accepted into college and 75% of them are the first generation in their families to go to college. Our Youth Council allows youth a voice and choice over program decisions about rules, activities and events. Projects such as Reading Buddies, Peer Mediation, Best Buddies and Helping Hands, assists youth in developing skills in active listening, public speaking, and mentoring with same age and younger peers who are typically developing or have special needs. The KHCC Teen Program and College Directions offer pilot programs at Bronx Theatre High School and ELLIS Preparatory Academy on the nearby JFK campus. Summer bridge trips and activities are typically offered at center and school based locations to cohorts of intensively involved youth.

Enrolled CDP students can participate in the following program services:

- College Access workshops
- College Success workshops
- College Trips
- College & Career events
- Individual college advising
- SAT preparation
- Youth internships
- All Teen Program offerings

Registration is required to participate in CDP!

F. Police Explorers

Become a Law Enforcement Explorer

The Law Enforcement Explorers program provides young men and women from the city's diverse communities with an introduction to a career in law enforcement or a related field in the criminal justice system. The program, geared for ages 14 to 20, often results in strengthening ties between the community and police. Explorers are taught the importance of higher education, self-discipline, and respect for diversity and human dignity through training, involvement in community service projects, and other Exploring events.

Youth Leadership: The Explorers elect their own officers and are promoted within a rank structure. They also plan and execute most of their activities, learning teamwork and leadership skills.

Positive Adult Role Models: The positive interaction of Explorers and law enforcement officers helps young adults see officers as fellow human beings, and allows greater opportunities to build positive relationships between the New York City Police Department and the city's diverse communities.

Five Exploring Experience Areas: An appreciation and commitment to the following areas are crucial to the development of all young people: Life Skills, Service Learning, Character Education, Leadership Experience, and Career.

We discussed the upcoming event the Comeback Kid Award.

G. The Benefits of Intergenerational Programs and Activities for Seniors and Youth

When the older adults and the youth in our community get together, they are able to share very different and equally valuable perspectives. Kids come with abundant and original energy. They are seeing and experiencing many things for the first time. Aging adults, on the other hand, bring decades of experience and memories from many phases of life. It can be more challenging for seniors to generate energy, so being inspired by children's generous spark can be uniquely rejuvenating. The task of children and older adults finding a way to meet each other to find a shared pace and a mutual interest brings rewards for those involved and for the larger community.

Activity Ideas for Intergenerational Fun

. Storytelling

Practice speaking and listening with these different ways of telling stories:

H. Yoga

As an adaptable and personal practice, yoga can be a great way for seniors and youth to come together, move, and be creative. Yoga can be done on the floor, standing, or even in a chair, and partners can assume their poses from different positions and vantage points, depending on what's comfortable.

Addition to :

3. Provide an opportunity for both to learn new skills
4. Give the child and the older adult a sense of purpose
5. Help to alleviate fears children may have of the elderly
6. Help children to understand and later accept their own aging
7. Invigorate and energize older adults
8. Help reduce the likelihood of depression in the elderly
9. Reduce the isolation of older adults
10. Fill a void for children who do not have grandparents available to them
11. Help keep family stories and history alive
12. Aide in cognitive stimulation as well as broaden social circles should a youth introduce technology into the life a senior
13. Learning skills. Many older adults have skills or talents that would be interesting for children. Perhaps your child could learn to weave, crochet, fish, bake, or even take care of animals.

14. Reading to each other.
15. Planning/preparing a meal (if applicable).
16. Scrapbooking. Establishing phone pals. This activity can connect older community members with children who are alone after school.
17. Talking about ethnic heritage. Share ethnic customs, discuss the meaning of a name in native language, or relate special stories passed down about culture.
18. Planting seeds or gardening. This illustrates the stages of the life cycle. A container garden can be created if bending or space are issues.
19. Weather watching.
20. Telling jokes.
21. Discussing hobbies and sharing examples.
22. Having the child teach the senior a new technology

G. COMEBACK KIDS

Looking for candidate for the award.

H. YANKEE AWARD

Five Candidates have been selected at this time.

New Business items:

1. The Youth Committee And Aging is doing a joint event Sunday May 19, 2019 full details TBA.

RESOLUTION:

N/A

CLOSING REMARKS:

MEETING ADJOURNED: 8:47 PM