

COMMUNITY BOARD NO. 8 BRONX

**MINUTES OF THE AGING COMMITTEE MEETING
HELD ON SEPTEMBER 28, 2010
AT HUDSON POINT RIVERDALE FOR NURSING AND REHAB
3220 HENRY HUDSON PARKWAY**

PRESENT

Karen Pesce
Irving Ladimer
Robert Ackerson
Doris Bendheim
Baya Butler
Marvin Goodman
Kathy Gorup
Kristen Greenwald
Jo Ann Landers
David Moskowitz
Alvin Shatkin

AFFILIATION

Committee Chairperson, CB#8
CB #8
Riverdale Senior Services

BJCC

Classic Residence V. Living

Methodist Home for Nursing & Rehab

Riverdale Senior Services

1. Minutes of previous meeting accepted as submitted.
2. Members excused due to other obligations: A. Creaney, B. Fettman
3. Speaker from United Cerebral Palsy (UCP) rescheduled for November due to conflict in her Calendar.
4. Reports from Individuals/Agencies
 - a) BJCC will sponsor a volunteer conference, Getting Better at Doing Good, 10/24/10 in White Plains.
 - b) Hudson Pointe Rehab at Riverdale is having renovations to refresh the facility. It provides long term care (167 beds) and short term care (35 beds). Length of stay for short term care is approximately 3.5 weeks. Medicare and Medicaid are accepted. This is a non Kosher home. Referral sources are Montefiore, Columbia Presbyterian, Roosevelt Hospital, etc. The population includes many Hispanics and African Americans. It was suggested that outside trips could include visits to Riverdale Senior Services. A Bazaar will be held Sunday, 10/17, 10:00-4:00.
 - c) I. Ladimer, CB 8, suggested that the main function of this committee is information which should be extended to others who may not be on the committee by hosting meetings for the public.
Riverdale Senior Service programs for adults with limitations and adult social day care were not funded. Senior Centers' primary funding sources are NYC City Council and discretionary funds. Although no area senior centers have been closed, their budgets have diminished. I. Ladimer suggested a public forum on health care proxies, living wills, etc., no action. Many living outside senior facilities have none. The Family Healthcare Decision law enacted 6/10 allows healthcare decisions to be made by family members or informed friends, even in the absence of health care proxy.

- d) R. Ackerson, Riverdale Senior Services (RSS), noted that RSS has many educational and therapeutic activities which are available to those 60 yrs. and older. There is a membership fee which can be waived if unaffordable.
- e) M. Goodman, Retired School Supervisors & Administrators, RSS, suggested videotaping the upcoming Health and Hospital's forum on new healthcare legislation, 12/8/10. It could then be shown at all senior centers in the area.
- f) K. Gorup, Classic Residence V. Living (formerly Classic Residence by Hyatt) reported on an "end of life" conference at Burke, White Plains, with geriatric psychiatrist, Thursday, 10/7, 3PM-5:30. An adult children's support group is held the 2nd and 4th Tuesday evenings at the Residence.
- g) Jo Ann Landers, Methodist Home for Rehab, described the program at her facility, Alzheimer's, warning signs with Q and A, Tuesday, 10/23, 6:30PM. "Going Green" presented by ConEdison will be held 11/4 at 6:30.
- h) A. Shatkin, RSS, reported that a video conference presented by Cornell Weil Medical Center on how to prevent falls in seniors was held. A follow up session has not yet been scheduled. A booklet on fall prevention has been published by NYC Department of Health and Mental Hygiene; copies will be ordered by K. Pesce.

5. Miscellaneous

- a) Jewish Home Lifecare of the Bronx has requested a letter of proclamation for its 40/60 anniversary, 10/26. Approved. K. Pesce to draft; submission after approval by Board Chairperson.
- b) Usage of Hebrew Home's building on Johnson Avenue is unclear. K. Pesce to follow up.
- c) Calendar of events, especially those relating to older adults, needs to be publicized. Pesce to call Assemblyman Dinowitz' office to see if one is in place. Also, contact local newspapers to determine if it would publish a calendar identifying the numerous opportunities available.
- d) Disabled needs, not addressed by Aging Committee if younger than 60 years need to be identified and considered. K. Pesce to contact Health, Hospitals and Social Services Chairperson S. Froot re: responsibility.
- e) DFTA Budget Consultations: NYC isn't funding Health Department mandates which may result in loss of nursing services at senior centers; senior centers will be asked for mission statements and goals for innovative centers; there will be health information counseling assistance programs: 212-341-3978.; vouchers for rides will be announced in late September with a pilot program in Spring, 2011; anti-abuse campaign accessed through 311 or 212-442-3103 will send out DFTA staff plus contact agencies, i.e. RAIN. Other info re drivers/vehicles for senior centers was unclear—sorry.

Submitted by,

Karen Pesce, Chairperson
Aging Committee

Next meeting: Tuesday, October 26, 2010, 3:30 pm, Methodist Home for Nursing and Rehab, 4499 Manhattan College Pkwy, Bronx, NY.