

COMMUNITY BOARD NO. 8 BRONX

**MINUTES OF THE AGING COMMITTEE MEETING
HELD ON MARCH 22ND, 2011
AT RIVERDALE SENIOR SERVICES**

PRESENT

Karen Pesce
Anthony Creaney
Tom Durham
Georgia Santiago
Robert Ackersin
Marvin Goodman
Kathy Gorup
Melissa Hernandez, MSW
Adele Kleinbaum
Julia Schwartz-Leeper
Diedre Lock

Melissa Prieto
Manfred Segal
Alvin Shatkin

AFFILIATION

Committee Chairperson, CB #8
CB #8
CB #8
CB #8
Riverdale Senior Services
Bx Unit-CSA Retiree Chapter
Classic Residence in Yonkers
Riverdale Mental Health
Riverdale Senior Services
Riverdale Senior Services
Weinberg Center of Hebrew Home of
Riverdale
Hudson Pointe Rehab Center
Riverdale AARP
Riverdale Senior Center

1. Minutes of previous meeting accepted as submitted
2. Speaker: Diedre Lock, Weinberg Center of Hebrew Home at Riverdale

Diedre presented a hypothetical case of "unnoticed" abuse. 90% of abuse to older adults is done by a family member. It is estimated that 1.5-2 million older adults are abused with only 25% reported. Weinberg provides short term and emergency help regardless of payment status. Referrals must be done through an agency, not directly, and can be provided by RAIN, Adult Protective Services, DFTA and others. Length of stay is approximately 6 weeks, but possibly longer with services including legal help, social work and rehabilitation.

Weinberg also provides a night day care program.

3. Agency/Individual reports
 - a. Riverdale Mental Health has five community groups providing help with stress and anxiety.
 - b. G. Santiago: asked about community agencies providing help to nursing home residents. The nursing home is considered the resource for all needs of nursing home residents. There is also an ombudsman program which can investigate, probably accessed through DFTA.M.
 - c. Goodman: doughnut hole for Part D ends 2020. At this time, brand name drugs will be charged at 50% of market rate during doughnut hole and a one time payment of \$250 given by Part D.
 - d. R. Ackersin: at Riverdale Senior Services March 29 Kevin Kaine will provide birthday entertainment. Social work interns are presenting "Watch Your Step," a falls prevention program.

- e. A. Shatkin: Weill/Cornell is presenting video conferencing at RSS on health topics such as diabetes with a doctor and nurse available for questions.
- f. Hudson Pointe Rehab Center: Melissa Prieto has replaced the other Melissa who has moved back to Texas. Hudson Pointe is presenting programs on cardiac awareness and pain management at RSS, open to the public.
- g. AARP: The food pantry at Church of Mediator continues to need food. Donations can be brought either to the church or to Apple, Country or Wachovia Banks.
- h. J. Schwarz-Leeper, RSS: There was a legislative forum 3/25 to discuss Title 20 funds and closing of some senior centers. Reportedly Title 20 funds have been restored. NY HOPS is a group purchasing program, \$30/yr., offering discounts for needs including legal services, home care, optical, tax preparation by enrolled providers. People may join through Riverdale Senior Services. BRICA is a resource for seniors: www.bricaseniors.org
- i. Classic Residence: Fox Rehab services will be available to residents, including those preparing to return home. Open house 3/29. There is adult child support group, 2nd Tuesday of each month, 6-7pm.

4. Other

Next Meeting Tuesday, April 26, 3:30pm, Classic Residence in Yonkers, a V1 Community, 537 Riverdale Avenue. Budget priorities to be discussed. Please talk to agencies, organizations serving seniors to identify their needs.

Submitted by,

Karen Pesce
Chair,
Aging Committee