BRONX COMMUNITY BOARD No. 8 MINUTES OF THE HEALTH, HOSPITALS AND SOCIAL SERVICES COMMITTEE MEETING Held on Wednesday, November 14th, 2018 Citadel Rehabilitation and Nursing Center 3400 Cannon Place, First Floor Conference Room Bronx, NY 10463

PRESENT

Omar Murray Steven Froot Martin Gluck Julia Gomez Cesar Genao-Mejia Tao Moran

GUESTS

Miguelina Calderon Tricia Reed Jaqueline Albin Nierma Calderon

ABSENT Karen Pesce

AFFILIATION

Chair, Health, Hospitals and Social Services Committee CB-8 Committee Member CB-8 Committee Member Vice-Chair, Health, Hospitals and Social Services Committee CB8-Committee Member CB8- Committee Member

MIRA USA Columbia Care CUNY School of Public Health CUNY Lehman

CB-8 Committee Member

The meeting was called to order at 7:45 PM. Committee members and guests signed the attendance sheet on arrival. The meeting is started by Committee members and guests introducing themselves and their affiliation.

The previous meeting minutes of October 2018 was approved.

Vote:

Yes: 4

No: 0

Abs: 1

Presentation on Medical Marijuana by Tricia Reed from Columbia Care

Medical marijuana is very closely regulated with only five dispensaries in New York state with five more coming. Medical marijuana uses both THC and CBD in different ratios depending of the needs of the patient and the illness. The prescriber needs to be registered with the state. The prescriber can then register patients who need to obtain a medical marijuana card from the state to then go to the dispensary.

Eligible patients need to have one of the qualifying illnesses with a qualifying symptom to be eligible for medical marijuana. One of the new approved uses is to assist people in getting off opioids. The dispensary then does a screening of medical conditions, other medications, and history of drug use to determine if medical marijuana is appropriate, the most effective form for the patient and the correct ratio of THC to CBD. Medical marijuana cost approximately \$250 per month, it cannot be paid for with insurance or with credit cards due to medical marijuana still being illegal on the federal level.

Presentation on Homelessness and Hunger by Jaqueline

Most food pantries in require recipients to produce photo identification and proof of address. These requirements are in place to try and prevent waste and abuse, however, for homeless individuals these can both be barriers to obtaining needed assistance. New York City does have a Guest Bill of Rights that has been approved by Food Bank for New York City, City Harvest, United Way, New York State Department of Health, New York City Human Resources Administration, and New York City Department of Health. This bill of rights is

not readily posted or obtainable in most food pantries. The city of Boston removed its identification requirement and they have not seen an increase in waste or abuse.

New Business

The idea of a health fair or a health forms was presented for consideration. It was discussed that the area seems to be saturated with health fairs. Ideas for the health forum were:

- Open enrollment for NY State of health it was determined that this would be better accomplished by adding the information into an email, the CB8 newsletter, or the website
- Top health issues in CB8? New York State put out booklets a few years ago regarding local health issues as a point to start from

Next meeting 12/12/18

Recorded by: Julia Gomez Vice- Chair, Health, Hospitals and Social Services Committee

Submitted by: Omar Murray Chair, Health, Hospitals and Social Services Committee